

FIND ME

CANARY WHARF

Address:

Level 33 25 Canada Square Canary Wharf London E14 5LQ
(**East Wing of Citigroup Building**; entrance at the corner of Upper Bank Street)

Tel: 020 7038 8065 (Switchboard)

Mobile: 07960 020455

Hours: Wednesday: 7am - 10pm

Friday, Saturday & Sundays : 9am - 8pm

Info: My practice is in 'Citicorp' at 25 Canada Square, which is a high security building.

Please have ID with you clearly showing your name.

Ground Floor Reception will be expecting you.

Upon presenting your ID, you will be issued a visitor pass and a receptionist will show you up to level 33 where there is a reception area and complimentary water, tea & coffee available to you prior to your appointment. Please allow at least 5 minutes prior to your appointment.

How to find me at Canary Wharf:

By Underground: The nearest station is **Canary Wharf** on the Jubilee Line. Take the escalators signed to the **Upper Bank Street** exits. Turn left onto Upper Bank Street. After 40 metres you will see the entrance to **25 Canada Square** on your left (opposite Foxtons estate agents).

By DLR: The nearest DLR station is **Canary Wharf DLR**. (This is in a different location from the underground station). Take the South exit, turning left onto **South Colonnade**. Walk for 150 metres through into **Canada Square** and pass the **Citigroup building** on your right. Turn right round the corner of the building into **Upper Bank Street**, and after a few metres the **25 Canada Square** entrance is on your right.

By Bus: Click on the following link for all bus routes into Canary Wharf: www.tfl.gov.uk/tfl/gettingaround/maps/buses/pdf/canarywharf-2408.pdf

Map: The following map gives a good overview of where 25 Canada Square is situated in relation to the other Canary Wharf buildings. www.canarywharf.com/aboutus/The-Estate/Travelling-Here/

By Taxi: Ask for Citigroup, Canary Wharf, and ask the driver to let you out at the entrance opposite Foxtons Estate Agents on Upper Bank Street.

Parking: The nearest car parks to 25 Canada Square are Canada Place and Cabot Square car parks. The cost is in the region of £3.50 for 2 hours, however, if you spend £10 at Waitrose, you may ask for a parking token and park for free.

FIND ME

STOKE NEWINGTON

Address:

Stoke Newington Church Street, London N16 0AS

Telephone:

Tel: 020 7275 9081

Mobile: 07960 020455

Hours: Monday, Tuesday, Thursday: 7am - 9pm

(Friday, Saturday & Sunday by special arrangement)

How to find me at Stoke Newington:

Conveniently located with numerous buses stopping outside the door or within a 3-minute walk of my Stoke Newington Practice.

By bus:

73, 476, 393

(ask for Bouverie Road Stop on Church Street from either direction)

67, 73, 76, 106, 149, 243, 276, Stoke Newington High Street

(ask for nearest stop to Stoke Newington Church Street and it's a few minutes walk)

By rail: Stoke Newington BR Station (Liverpool Street/Enfield line)

Parking: Parking is free after 5.30pm.

From 08.30am to 5.30pm it costs £2.20 per hour.

I can provide a residents parking voucher if you need one.

FIND ME

OLD STREET / CLERKENWELL

Address:

Room 2
45 Central Street
Clerkenwell
London

Telephone:

Tel: 020 7275 9081
Mobile: 07960 020455

Hours: Monday, Tuesday, Thursday: 7am - 9pm
(Friday, Saturday & Sunday by special arrangement)

How to find me at Old Street & Clerkenwell

Conveniently located with numerous buses and most tube lines covered within a 20-minute walk of The City Of London Therapy Centre.

By bus: 55, 243 buses run along Old Street which is at the bottom of Central St

By rail: Old Street 0.4 miles away (9mins walk)

Barbican Station 0.5 mile (9 mins walk)

Farringdon Station 0.6 mile (13mins walk)

Moorgate Station 0.8 mile (16 mins walk)

Liverpool Street Station 1.0 mile (20 mins walk)

Parking: Free Parking from 6.30pm on weekdays and 1.30pm on Saturdays

Pay and Display numerous spaces available in same road